

Beira's Place is a **support service** for women **aged 16+** who have experienced any kind of sexual violence, sexual abuse or sexual exploitation, **no matter when it occurred.**

The service is **free and confidential** and available to women across the Lothians.

Our support services include **1-1 support** in person, on the phone, online, or by email.

Visit our website for more details and a **comprehensive FAQ page.**

There's also a **range of resources**, including dealing with **flashbacks** and **trauma** that you may find useful.





Get in touch

You can reach us by phone, text, email, or online chat at **beirasplace.org.uk**

We'll chat through what support you think would best suit you and set up an assessment appointment for you.

Our phone line is open

Mon - Fri, 10am - 4pm

Appointments for support are available

Mon-Fri, 10am - 5pm

There are also evening appointments available for women having longer term support with us.

Tel: 0131 526 3944 Text: 0754 669 7067 support@beirasplace.org.uk

Beira's Place is the operating name of WFRS Edinburgh Limited, a company registered in Scotland with registered number SC716085 and having its registered office at 2 Atlantic Square, 31 York Street, Glasgow G2 8AS.



Sexual violence support service for women across Edinburgh and the Lothians



beirasplace.org.uk

